

IceBreakers



Here is a list of IceBreakers that you can ask your group.

Icebreakers are a simple and fun way to begin helping people bond!

1. 10 things in common

Split everyone into pairs or break the room in half (girls on one side guys on the other) and hand each pair a piece of paper. Each pair is responsible for finding 10 things they have in common with one another. Remember to tell everyone easy cop-outs aren't allowed, like "we both have hands". Once they find 10 things they have in common, they share their discoveries with the group.

The point of this icebreaker is to help direct conversations and to find some similarities between you and your group.

2. Baby photos

This activity requires a bit of preparation. Beforehand, send out a request for baby photos from each individual. The choice is up to them. They can bring in a physical photo in or simply snap a picture of their baby photo and email it in. Once you've compiled the photos place them all up on a board, numbering each one.

Thereafter the game is simple. Guess which photo belongs to which group member by writing a name beside the corresponding number. The person who gets the most correct guesses takes home the grand prize!

3. First/worst job

First/worst job is a remix of the baby photo icebreaker. Beforehand, have everyone write down their first or worst job. The person leading then reads out each job and the group tries to figure out who is who. Alternatively, this can be simplified even further by simply going around in a circle and sharing what your first or worst job experience was.

4. Two truths, one lie

Each person lists off two truths about themselves and one lie. The truths and lies can be anything or be restricted to a theme, the choice is yours. One after another, the group will decide what the two truths are and which one is a lie. It's great fun, especially if participants include something funny that has happened to them in the past.

5. Turning over a new leaf

This icebreaker involves a little teamwork and physicality. You'll need a few blankets or sheets or something similar in size and flexibility. Number people off into groups of four or five. Lay the blankets flat and have each team stand on top of their blanket like it's a tiny island. The goal of this exercise is to figure out how to flip the blanket over without letting anyone on the team touch the floor (pretend the floor is lava). If one person falls off the island, the whole team must restart. The first team to flip their blanket over wins. It's a great problem-solving exercise that typically involves a lot of laughter and rolling around on the floor.

6. This is better than that

Coke or Pepsi?
Wendy's or Mcdonalds
Hillsong Worship or Elevation Worship
Spotify or Pandora
Facebook or Instagram
Coffee or Tea
Water or Pop
Reading or Podcast
Walmart or Sams Club
Waffles or Pancakes
Vanilla or Chocolate
Ice Cream or Milkshakes
Cats or Dogs
9am or 11am
Dishes or Laundry
J&S or Carpi
Iphone or Android
Candles or Essential Oil Diffuser
Summer or Winter
Fall or Spring
Wake up early or Go to bed late
Phone Call or Text Message
Cake or Pie
Beach or Mountains
Road Trip or Plane Ride

**** You can add or take away. These are just suggestions!**

7. Fun Questions

1. How many organizations have you worked for in your lifetime? What was the most unique?
2. If you lost your cell phone, how many numbers would you remember?
3. If you could permanently eliminate any chore from your to do list what would it be?
4. Which chain makes the best donuts?
5. What is your go-to morning beverage?
6. Which personality type do you lean towards more? Introvert or Extravert?
7. Where would you like to go on vacation?
8. What is the best Thanksgiving side dish?
9. When do you put your Christmas tree up and when do you take it down?
10. What did you want to be when you grew up?
11. Favorite Holiday and why?
12. Favorite season and why?
13. Do you have any special family traditions?
14. If you were a vegetable, what vegetable would you be?
15. If you woke up tomorrow as an animal, what animal would you choose to be and why?
16. If you could meet any historical figure, who would you choose and why?
17. If you were a candy bar, which candy bar would you be and why?
18. If you were to change your name, what name would you adopt going forward? Why?
19. If you could be in the movie of your choice, what movie would you choose and what character would you play?

20. What is one unique fact about yourself?